

STONE CREEK COFFEE

SEASONAL HEALTH AND SAFETY GUIDE

10_22

Hey there, Coffee Geeks!

As colder weather approaches, we enter into the cold & flu season amid the ongoing COVID-19 pandemic.

We Create Remarkable Care through our actions and choices. At SCC, we know that caring for ourselves helps Take Care of Our Coworkers too! Read on for a few reminders, notes and tools to help us reduce the risk of illness and stay safe and healthy this winter.

REFRESHER ON COVID-19 SAFETY

- The CDC and SCC strongly encourage individuals who are able to get vaccinated against COVID to do so.
- Wash your hands thoroughly and frequently. Use hand sanitizer when hand washing is unavailable.
- If you are experiencing symptoms of illness, stay home, do not report to work, and notify your Team Leader immediately.
- Symptoms of COVID-19 are similar to those of a cold or flu, and present differently in different individuals. If you are experiencing symptoms, notify your Team Leader, email teams@stonecreekcoffee.com, and take a COVID-19 test at home or locally.
- If you have been exposed to someone who has COVID-19, you should:
 - Monitor your health carefully for any symptoms of illness
 - Wear a mask for 10 days following exposure (exposure date is Day 0)
 - Notify teams@stonecreekcoffee.com. Take a COVID test on Day 5 following exposure (exposure date is Day 0)
- If you test positive for COVID-19, you should:
 - Stay home and do not report to work for at least 5 days.
 - Notify your Team Leader and email teams@stonecreekcoffee.com right away. Teams & People will work with you and your Team Leader to navigate next steps, including your return-to-work timeline and any Paid Sick Time you may be eligible for while you are out sick.
 - Wear a mask for at least 10 days following your positive test results (symptom onset is Day 0).
 - Seek guidance from a medical provider if your symptoms worsen or do not improve.

DID YOU KNOW?

- The Wisconsin Dept of Health Services is offering a program to Wisconsin residents that will send 5 free COVID-19 test kits to households. Sign up to get your free tests here: <https://www.sayyescovidhometest.org/>



PROTECT YOURSELF & OTHERS FROM THE FLU

The CDC and SCC strongly encourage each member of our team and community over the age of 6 months to get their seasonal flu vaccination. This important step will help protect you and those you care for.

Many providers & pharmacy options are available within our communities to help each of us obtain a free or low-cost flu shot, with or without insurance - even some drive-thru options! Once you have found a provider or pharmacy near you, it's a good idea to schedule your appointment in advance if possible, either online or by phone.

USE THIS LINK TO FIND A VACCINE NEAR YOU: <https://www.vaccines.gov/>

Keep caring well for yourself and those around you. As always, reach out to Teams & People if you have any questions, or need help navigating any situation pertaining to your health and safety at work.

Thank you, team. Have a safe and healthy season!

