

# STONE CREEK COFFEE

PRODUCT NAME	Pecan Date Oatmeal
DATE ISSUED/UPDATED	November 10th, 2021
SHELF LIFE	30 days
DISPLAY	With like items
ALLERGENS	nuts (pecans)
NOTES	Store at room temperature.
INGREDIENTS	quick-cook oats, dried dates, pecans, maple sugar.

## Nutrition Facts

1 servings per container

**Serving size 1 Cup (100 g)**

Amount per serving

**Calories 390**

% Daily Value\*

**Total Fat** 11g **17%**

Saturated Fat 1.5g **6%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 5mg **0%**

**Total Carbohydrate** 68g **23%**

Dietary Fiber 8g **32%**

Total Sugars 29g

Includes 16g Added Sugars **32%**

**Protein** 8g

Vitamin D 0mcg **0%**

Calcium 60mg **6%**

Iron 3mg **15%**

Potassium 410mg **10%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

TASTING NOTES:

A perfect on the go breakfast with maple sugar, dried dates, and pecans.



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